



Body & Facial Piercing Aftercare

◆*Cleaning Solutions*◆

Liquid Dial Soap

1/8 to 1/4 teaspoon sea salt dissolved in 8 oz. of warm water.

-Cleaning instructions-

1. Wash hands thoroughly prior to cleaning or touching on or around your piercing for any reason.
2. To clean with soap; use a pearl size drop of soap to clean the piercing and the jewelry. Rotate soap in and out of your piercing, then rinse and rotate the jewelry to thoroughly remove all traces of soap from the piercing.
3. Soak piercing in sea salt solutions two to three times per day for a few minutes. The longer you soak the better. A brief rinse after soaking will remove any residue.
4. Dry your piercing after cleaning or soaking by patting it gently with a disposable paper towel or tissue.

◆*What to Expect*◆

1. Initially there may be some bleeding, scabbing, swelling, tenderness or bruising. This is normal.
2. During healing, there may be some discoloration, itching or secretion of fluid that will crust around the jewelry. This is also normal.

-Things to remember-

1. A piercing may seem healed before it actually is. This is caused by the piercing healing from the “outside in”. Be patient and follow the cleaning instructions during the entire healing process.
2. After a piercing is healed, even one that has been healed for a long time, it can still shrink or even close up in a matter of minutes. How quickly a piercing closes or shrinks varies from person to person, but the rule of thumb is, “If you like your piercing, leave it in, and if you have to remove it do so for as short a time as possible.”

-What to Avoid-

1. Avoid the use of alcohol, peroxide or any kind of ointment to “clean” the piercing.
2. Avoid over cleaning as this can cause irritation which will delay the healing process.
3. Avoid lotions, sprays or other cosmetic products on or around the piercing site.
4. Avoid submerging your piercing in water for long periods such as swimming or in a hot tub for at least two weeks. After that it is still not a bad idea to cover your piercing in a water proof bandage for the first month.